

## **12<sup>th</sup> Annual Massachusetts State Triathlon**

July 8<sup>th</sup>, 2018 marks the 12<sup>th</sup> Annual Massachusetts State Triathlon at the Lake Dennison Recreation Area. This event features an Olympic Distance Triathlon on Sunday with 600 athletes taking part. Athletes complete a 1-mile swim, 22-mile bike ride and finish with a 6-mile run. Max Performance produces the event in conjunction with the Clark YMCA and the Alzheimer's Association is also a charitable partner.

The Triathlon is a wonderful event that celebrates the local community and encourages health and fitness. More information on the event can be found by visiting: <http://www.maxperformanceonline.com/massstaterace.html>